

SOUTHERN HEALTH CENTRE HEALTH SCREENING		BASIC	ESSENTIAL	SIGNATURE	PRESTIGE
Medical Assessment	INBODY Body Composition Analysis	✓	✓	✓	✓
Vital Signs	Blood Pressure, Heart Rate, Heart Rhythm, Pulse Oximeter	✓	✓	✓	✓
Evaluation & Report	Personalised consultation & Southern Health App	✓	✓	✓	✓
BLOOD & URINE INVESTIGATION					
Hematological Profile	Full Blood Count with Differentials	✓	✓	✓	✓
	Peripheral Blood Film	✓	✓	✓	✓
	ABO & Rhesus Grouping		✓	✓	✓
	Hb Electrophoresis				✓
Iron Studies	Serum Iron	✓	✓	✓	✓
	Ferritin				✓
Renal Profile	Urea & Creatinine	✓	✓	✓	✓
	eGFR	✓	✓	✓	✓
Minerals & Vitamins	Sodium & Chloride	✓	✓	✓	✓
	Potassium & Magnesium	✓	✓	✓	✓
	Calcium, Phosphate & Uric Acid	✓	✓	✓	✓
	Vitamin D				✓
	Vitamin B12 & Folate				✓
Liver Function Test	Total Bilirubin, Total Protein	✓	✓	✓	✓
	Albumin, Globulin	✓	✓	✓	✓
	AST, ALP, ALT, GGT (Liver Enzymes)	✓	✓	✓	✓
Diabetes Screening	Fasting Blood Sugar, HbA1c	✓	✓	✓	✓
Cardiovascular Risks & Inflammatory Markers	Total Cholesterol, Triglycerides	✓	✓	✓	✓
	HDL, LDL	✓	✓	✓	✓
	Total / HDL Cholesterol Ratio	✓	✓	✓	✓
Cardiac Markers	Troponin I			✓	✓
	Homocysteine			✓	✓
Hormones	Thyroid Stimulating Hormone	✓	✓	✓	✓
	Free T4		✓	✓	✓
	Free T3				✓
	Progesterone & Estradiol (Female)				✓
	Testosterone (Male)				✓
Infectious Screening	Hepatitis B (Hep B Ab & Ag)	✓	✓	✓	✓
	Hepatitis A (Anti-HAV)		✓	✓	✓
	Hepatitis C (Hep C Ab)		✓	✓	✓
	Syphilis (VDRL/RPR)		✓	✓	✓
	HIV		✓	✓	✓
	Herpes HSV-1 (IgG)			✓	✓
	Herpes HSV-2 (IgG)			✓	✓
	H. Pylori IgG		✓	✓	✓
	EBV VCA IgA				✓
Autoimmune & Inflammatory Markers	hsCRP	✓	✓	✓	✓
	RF	✓	✓	✓	✓
Tumor Markers	AFP, CEA, CA19-9		✓	✓	✓
	PSA (Male) / CA15-3 (Female)		✓	✓	✓
	CA125 (Female)		✓	✓	✓
	CA72-4				✓
Urine Analysis	UFEME	✓	✓	✓	✓
	Urine Microalbuminuria		✓	✓	✓
Cardiac Assessment	ECG	✓	✓	✓	✓
RADIOLOGICAL STUDIES					
Ultrasound	Liver			✓	✓
	Kidney			✓	✓
	Gallbladder			✓	✓
	Spleen & Pancreas			✓	✓
	Bladder & Ureter			✓	✓
	Uterus & Ovaries / Prostate			✓	✓
X-Ray	Chest				✓
SPECIAL TESTS					
Lung Function	Spirometry			✓	✓
Bone Density	Bone Densitometry			✓	✓
Eye Retina	AI Retina Scan				✓
PRICE		RM168	RM388	RM688	RM1288

*Additional individual tests are available upon enquiry.

Southern Health Centre Exclusive Add-Ons (Applicable to Essential, Signature & Prestige Packages)	
Whole Body Cryotherapy	RM150